

# The Pathway to Joy

*Psalm 16 (ESV)*

**True joy is not found by chasing happiness—but by walking with God.**

Psalm 16 reveals a God-given pathway to lasting joy that steadies the heart and shapes the life.

## **Joy Begins with Trusting God as Our Refuge**

“Preserve me, O God, for in you I take refuge.” (v.1)

Joy starts when we depend on God rather than ourselves.

## **Joy Grows When God Is Our Supreme Good**

“I have no good apart from you.” (v.2)

Lasting joy flows from contentment in God, not comparison with others.

## **Joy Is Strengthened Through Godly Community and Right Worship**

“The saints in the land...in whom is all my delight.” (v.3)

Joy flourishes when we walk with God’s people and resist false gods.

## **Joy Is Sustained by God’s Word and Ongoing Guidance**

“I bless the LORD who gives me counsel.” (v.7)

God’s truth guides our hearts—even in the night seasons of life.

## **Joy Is Anchored in God’s Nearness and Stability**

“Because he is at my right hand, I shall not be shaken.” (v.8)

God’s presence does not remove hardship, but it gives stability.

## **Joy Is Secured by Hope Beyond Death**

“You will not abandon my soul.” (v.10)

Christian joy is rooted in resurrection hope.

## **Joy Is Fulfilled in God’s Presence Forever**

“In your presence there is fullness of joy.” (v.11)

The destination of the pathway to joy is life with God—now and forever.

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## **Reflection & Discussion**

1. Where do you usually turn for refuge when life feels uncertain?
2. What “good things” can quietly compete with God for your joy?
3. How has Christian community helped strengthen your faith or joy?
4. How does the promise of eternal joy shape how you live today?

Pastor Brad